# P.o.POFF --- Plaster-of-Paris Off

## <u>(Via l'ingessatura)</u>

## **CAST-OFF** MODELLING FOR ARM FRACTURES

Draft proposal at February 1<sup>st</sup> 2019 - Revision March 2<sup>nd</sup> 2019

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Partners:

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- St. Mary's Hospital, Lacor, Gulu, Uganda
- l'Istituto di Biostrutture e Bioimmagini del Consiglio Nazionale delle Ricerche, Ing. Prof. Fabrizio Clemente
- Fondazione Piero e Lucille Corti, Milano
- Progetto GULUNAP Università di Napoli Federico II

#### THE NEED

Fore-Arm fractures in children are very common at Lacor Hospital, especially in the mango season and all over the year. They are a constant overload to the staff of Lacor Hospital.

Dr.Ndayisaba Sylvester reports for the last 7 months, the following numbers, including fractures of the radius, ulna and humerus in children 1 yr to 15 years:

May 2018 - 34 fractures June 2018- 32 fractures July 2018- 30 fractures August - 26 September- 30 October - 33 November - 31 December- 30 An estimated number of 340 arm fractures are cared for at Lacor in one year.

These are actually treated with the traditional Plaster-of-Paris Cast for 4-6 weeks. Unfortunately, this treatment is demanding for the staff, but it is often a source of problems for the treated child. It is often impossible to apply the plaster in the early days of the fracture, because of inflammation. More than one cast/child is frequently needed. It limits his mobility, is susceptible to water, reduce its fitness to the arm over time, since the inside cotton wool is compressed, it is not reusable. Rehabilitation after cast removal is frequently required.

### OBJECTIVE

To develop a series of pre-printed ready-for-use 3D light plastic casts to manage arm fractures in children.

### PHASE 0

### Training for the best use of the scanner

- Two operators are trained to the use of scanner by scanning at least 10 arms of voluntary
- They are trained to use the scanner software on a LapTop
- Then they scan 10 voluntary children' arms at the Santobono site
- An evaluation of skill and performance is done before the mission

COMPLETED: February 8<sup>th</sup> 2019

PHASE 1: Lacor, Gulu, Uganda

Estimating a series of parameters of arm dimensions in school-age children

- 40 males and 40 females at age 6, 7, 8, 9, 10,11,12
- Obtaining Length
  - Length of forearm+ hand
  - length of Ulna, (from epicondyle to ulna styloid process) circumferences of:
  - hand (at distal metacarpal junction)
  - Wrist (at radio-ulnar metaphysis)
  - Mid-Arm (mid of acromion-olecranon points length)
  - o Elbow

DONE February 27<sup>th</sup> 2019: 82 children from St. Jude's Primary School, Lacor, Gulu, Uganda (Manager Br. Elio Croce), aged 5-12 years of age, both sexes, have been scanned at the left and right arm, several times for a total of 320 scans.

#### PHASE 2: Naples

Development of 3D parameters of forearm for each age and sex, mean, median, percentiles Estimation of the relationship with body anthropometry.

Outcome expected: for each age and ulnar length estimate the 25<sup>th</sup>, 50<sup>th</sup> and 75<sup>th</sup> centiles of hand, wrist, mid-arm and elbow circumferences.

ONGOING. March 2<sup>nd</sup> 2019: Percentile of arm circumferences by ulnar length have been developed.

Revised parameters of the 82 children were examined by SPSS Ver.21 and EXCEL to get the required estimates.

**RESULTS:** 

- 1. Sex (M/F) and Side of the arm (Left/Right) are not correlated to the listed circumferences, neither to the ulnar length.Pearson Correlation Coefficient ranges from 0,01 to -0,1 not significant. Hence data were pooled independently by sex and side.
- 2. AGE is poorly related to length. Since no child knew his birth date and age is assigned by school level 6-7-etc with the assumption that this corresponds to the actual age of the subject. No identity card. The corrcoeff. For hand, wrist, midarm and elbow with age are

,616** ,434**	,411**	,468**
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- 3. Height is related to the circumferences, but it is unlikely to be available or actually measured in the emergency department, to which the fracture child is referred.
- 4. Ulnar length is well correlated to the circumference and its measure is simple and mandatory when the fractured child is accepted. The corrcoeff. For hand, wrist, midarm and elbow with age are

,700	,544	,455	,539
	e.		

- 5. We then propose to select the 10<sup>th</sup>, 25<sup>th</sup>, 50<sup>th</sup>, 75th and 90<sup>th</sup> centiles of the circumferences of hand, wrist, mid-arm and elbow corresponding to the Ulnar length of 5 classes 17-18, 19-20, 21-22, 23-24
- Ulna.cm/2 10 25 50 75 90 Hand 13,080 14,200 15,500 16,050 16,360 18 20 14,600 15,050 16,000 16,650 17,050 22 16,000 16,350 16,800 17,450 18,550 16,300 17,200 24 17,900 18,200 18,680 13,150 Wrist 18 11,280 11,950 12,700 13,400 20 12,500 12,650 13,200 13,575 14,600 22 12,950 13,200 13,550 14,100 15,400 13,080 24 13,800 14,200 14,700 14,980 MidArm 18 13,360 14,250 14,800 15,600 18,020 13,550 15,000 15,700 18,250 20 16,675 22 14,500 17,575 15,500 16,000 18,550 24 17,200 18,200 19,040 15,900 16,700 15,200 17,000 Elbow 18 16,050 18,250 19,280 20 17,400 17,825 20,400 18,600 19,525 22 18,000 18,575 19,150 20,375 22,100 24 18,560 19,300 20,500 21,050 22,860
- cm.
  6. The Table II shows the values of the circumferences by each ulnar length (vertical axis) and by the centiles of circumferences from 10<sup>th</sup> to 90<sup>th</sup> (horizontal axis)

It may be noted that if we print a cast with and hand circumferences of 16 cm, this is a good fit at 50th centile for the child with an ulnar length of 20 cm, but it is also adequate for a child with an ulnar length of 18 cm at the 90<sup>th</sup> centile (right), and also for a child with an ulnar length of 24 cm at the 10<sup>th</sup> centile (at left).

So the same cast might be adapted to severalchildren with different ulnar length and different development within the same class of ulnar length.

The same applies for Wrist circ., where a circum of 13,2 cm might be fitted to children with ulnar length of 18,20, 22 and 24 cm with different development.

Idem for Mid-Arm and elbow.

- PHASE 3: Naples

- Developing 4sets of models of 3D plastic casts suitable for the  $25^{TH}$ ,  $50^{TH}$  and  $75^{TH}$  centiles of ulnar length 18,20,22,24 cm (3 centiles classes x 4 ulnar lengths = 12 cast in each set). A total of 48 cast might be printed in the first lot.

- PHASE 4: Lacor, Gulu, Uganda

- Evaluation, in vivo, of the adaptability of the models to groups of healthy and fractured children, also using small strip of suitable rubber in critical points.

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- Possible ---- PHASE 5: Buccino, Salerno
- Printing several dozens of models by industrial plastic printing by 3D steel models

### PHASE 6: Lacor, Gulu, Uganda

Evaluating the mid-term efficacy of the intervention and planning the transfer of the full 3D printing technology to Lacor.

TIMING :

The project should reach Phase 6 within 3 months from start.

#### RESOURCES

Fondazione Santobono and Gulunap Project will support CAST-Off, no cost for Lacor.

Table I : Correlation coefficients between	variables
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			PearsonCorrelationCoefficients							
		Side	years	Sex	Height	Ulna	Hand	Wrist	MidArm	Elbow
Side	r	1	,117	,051	,107	,031	-,091	,047	-,014	-,125
	р		,293	,651	,337	,782	,416	,677	,897	,262
	Ν	82	82	82	82	82	82	82	82	82
Years	r	,117	1	-,044	,857	,771	,616 <sup>°°</sup>	,434	,411	,468
	р	,293		,692	,000	,000	,000	,000	,000	,000
	Ν	82	82	82	82	82	82	82	82	82
Sex	r	,051	-,044	1	-,003	-,048	-,099	-,095	,145	-,061
	р	,651	,692		,979	,669	,377	,395	,192	,586
	Ν	82	82	82	82	82	82	82	82	82
Height	r	,107	,857	-,003	1	,860	,719	,531	,515	,543
	р	,337	,000	,979		,000	,000	,000	,000	,000
	Ν	82	82	82	82	82	82	82	82	82
Ulna	r	,031	,771	-,048	,860	1	,700	,544	,455	,539
	р	,782	,000	,669	,000		,000	,000	,000	,000
	Ν	82	82	82	82	82	82	82	82	82
Hand	r	-,091	,616	-,099	,719	,700	1	,664	,694	,680
	р	,416	,000	,377	,000	,000		,000	,000	,000
	Ν	82	82	82	82	82	82	82	82	82
Wrist	r	,047	,434	-,095	,531	,544	,664	1	,408	,547
	р	,677	,000	,395	,000	,000	,000		,000	,000
	Ν	82	82	82	82	82	82	82	82	82
MidArm	r	-,014	,411	,145	,515 <sup>°°</sup>	,455	,694	,408	1	,576
	р	,897	,000	,192	,000	,000	,000	,000		,000
	Ν	82	82	82	82	82	82	82	82	82
Elbow	r	-,125	,468	-,061	,543	,539	,680	,547	,576	1
	р	,262	,000,	,586	,000	,000	,000	,000	,000	
	Ν	82	82	82	82	82	82	82	82	82



